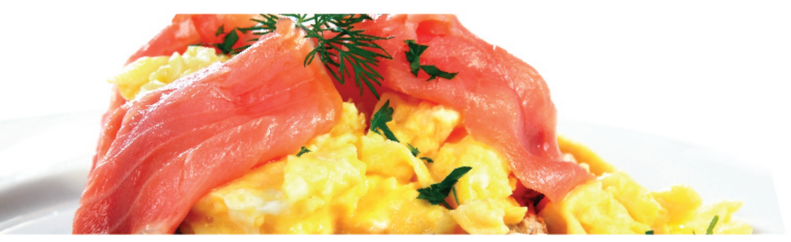
NORWAY
INN

The Breakfast



Cooked

Full Cornish Breakfast *(G,E,Mu,SD)* £9
Breakfast sausage, two rashers of smoked back bacon, tomato, mushrooms, baked beans & your choice of egg with white or granary toast

Vegetarian Breakfast *(G,E,Mu,SD)* £7
Two vegetarian sausages, two hashbrowns, fried egg, tomato, mushrooms, baked beans, white or granary toast

Smoked Salmon & Scrambled Eggs *(F,E,D,G)* £7
On either white or granary toast

Breakfast Baps

Bacon Bap *(G,D)* £4

Sausage Bap *(G,D)* £4

Egg Bap *(G,E,D)* £3

Full Monty all three *(G,D,E)* £7

Omelettes

Smoked Salmon *(E,D,F)* £7

Ham & Tomato *(E,D)* £6

Mature Cheddar *(E,D)* £5.50

Coffee

Flat White £2.80
Double Espresso, steamed milk.

Latte £2.80
Steamed milk, topped with milk foam.

Cappuccino £2.80
Espresso, hot milk & steamed milk foam.

Espresso £1.95

Dbl Espresso £2.65

Macchiato £2.10
Espresso, foamed milk & shaved cocoa.

Americano £2.65
Double Espresso with hot water.

Black Coffee £2.20
Single Espresso with hot water.

Mocha Coffee £3.00
Steamed milk with chocolate.

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Light Bites

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Salads

Norway Ploughman's *(C,G,E,L,D,Mu,N,Se)* £12
Mature Cheddar, Cornish Brie or Honey roast Ham,
dressed salad, pickles & chutney. Served with homemade bread

Smoked Mackerel Salad *(G,Cr,F,D,Mu)* £12
Smoked mackerel, spring onion potato salad

Mozzarella & Roasted Mediterranean Vegetable Salad *(G,E,D,Mu,N,Se)* £12
Rocket leaves, roasted Mediterranean vegetables, mozzarella
& a balsamic dressing. Served with homemade bread.

Cajun Chicken & Sun Blushed Tomato Salad £13
Cajun spiced chicken breast, lettuce, sun blushed tomatoes
& a chilli mayonaise. Served with homemade bread. *(G,L,D,Mu,N,Se)*

Sandwiches / Jacket Potatoes

All served with dressed salad garnish
Add ½ bowl soup £3

Mature Cheddar & Pickle *(G,E,L,D,Mu)* £7.50

Smoked salmon cream cheese *(G,E,F,L,D,Se)* £8

Prawn Marie rose *(G,Cr,E,L,D)* £8

Coronation chicken *(G,D,L)* £8

Smoked bacon, baby gem lettuce & Cornish brie *(G,D,E,L)* £9

Fish Fingers *(G,F,D,L)* £10
Ale battered cod goujons, baby gem, tartare sauce, crisp capers

Childrens & Light Bites

Norway burger *(G,E,L,D,Mu,Se)* £7.50
Toasted brioche bun with burger relish, bacon, cheese,
tomato & red onion. Served with salad & chips

Scampi chips & peas *(G,E,F,L,D,Mu,N,Se)* £7

Ham egg & chips *(E)* £6

Fish & Chips *(G,E,F,L,D,N,Se)* £7

Children's Mini Roast *(G,E,L,D,Mu,N)* £7
Roast chicken with seasonal vegetables & roast potatoes

Children's Lasagne *(G,E,L,D,Mu,N,P,Se)* £6.50
With chips & salad

Nibbles

Cheesy chips	£4	Homemade Bread & Balsamic Oil	£3.50
Parmesan & garlic chips	£4.50	Chickpea houmous	£3.50
Chips	£3.50	Garlic bread	£3.50
Onion rings	£3.50	Cheesy garlic bread	£3.50
Marinated Olives	£3.50	Selection of vegetables	£3.50

NORWAY INN

Menu

Starters

Soup of the day £6

Cornish Mussels *(G,Cr,F,D,M,SD)* £8.50
With a white wine, garlic & cream or tomato & chilli.
Served with homemade bread.

Ham Hock Terrine *(G,L,D,Mu,N)* £7
With toasted homemade bread & piccalilli.

Salt & Pepper Squid *(G,Cr,E,F,L,D)* £8
Served with sweet chilli sauce & dressed leaves

Fisherman's Platter *(Cr,F,L,D)* £8/£13
Smoked salmon, smoked mackerel & prawns with
dressed leaves, caper berries & pickles.

Bread, Houmous & Olives Board *(G,L,Mu,N,P,SE)* £8
Chickpea houmous, bread, balsamic & olives

Sun Blushed Tomato & Mozarella Salad *(G,E,D,Mu,N,SE)* £7.50
Chickpea houmous, bread, balsamic & olives

Vegan & Vegetarian

Baked Spiced Pepper *(L,D,Mu,V)* £11
Served with couscous, mozzarella & a tomato pesto cream

Roasted Butternut Squash, Leek & Potato Casserole £11
Served with homemade bread *(G,L,Mu,VEGAN,DF)*

Spicy Bean Burger *(G,L,D,Mu,N,Se,V)* £12
Served with chips & salad

Pasta

Tagliatelle Bacon Carbonara *(G,L,D,Mu)* £12
Served with parmesan shavings & garlic bread

Homemade Beef lasagne *(G,E,L,D,Mu,N,P,Se)* £11
Served with a dressed salad & garlic bread.

Lunch Favourites

Honey Roast Ham Eggs & Chips *(E)* £9.50
Colin Carter's (Perranwell) eggs, honey roasted ham & chips

Chilli Nachos *(G,E,L,D,Mu)* £ 11
Chilli beef & tortilla chips topped with cheese, salsa & guacamole

Chilli Con Carne *(G,D,Mu,SD)* £11
Served with fragrant rice & nachos

Cornish Sausage *(G,E,L,D,N)* £6/£10
Served with Colin Carter's (Perranwell) egg & chips

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Sunday

Norway Sunday Carvery £12
Choice of Etherington's Striploin, Cornish Topside, Honey Roasted Gammon,
Turkey Breast. Selection of meat, selection of vegetables, Yorkshire pudding & gravy.

Market Fish £12
Today's fish special, with your selection of carvery vegetables.

Veggie Carvery £9
Selection of vegetables, Yorkshire pudding & vegetable gravy

Nut-roast Carvery £11
Selection of vegetables, Yorkshire pudding & vegetable gravy

Starters / Vegan / Vegetarian / Lunch

NORWAY INN

Mains

Pub Classics

6oz Norway Burger *(G,E,L,D,Mu,Se)*
Toasted brioche bun with burger relish, bacon, cheese, tomato & red onion. Served with salad & chips.

Beef Burger £13.50
Chicken Burger £12

Ale Battered Fish & Chips *(G,E,F,L,D,N,Se)* £13.50
Served with chips, mushy peas & tartare sauce

Hunters Chicken *(G,E,L,D,Mu,N,Se)* £12
Bacon, cheese, BBQ sauce, served with chips & salad

Moules Frites *(G,Cr,F,D,M,Sd)* £14
In white wine, garlic & cream or tomato & chilli, served with homemade bread & chips.

Breaded Scampi *(G,E,F,L,D,Mu,N,Se)* £13
Served with chips, salad tartare sauce, lemon

Norway Favourites

Westcountry Sirloin Steak *(G,L,D,Mu,N,Se)* £19
Served with Portabello Mushroom, vine tomatoes, dressed leaves
(Peppercorn or Diane sauce £1.50)

Stir Fry *(C,G,E,L,Mu,Se,S,SD)*
Served with egg noodles & prawn crackers

Hoisin Duck £14
Mixed Vegetables With A Chilli Sauce £13

Norway Catch Of The Day Market Price
Please see specials menu for today's fish options

Thai -Chicken Curry *(Cr,F,L,D,Mu,N,Se)*
Served with fragrant rice & naan bread

Seafood - Prawn Cod & Mussels £13.50
Chicken £12
Roasted Mediterranean Vegetables £11

Fillet of Hake *(C,F,D,Mu,Se,SD)* £15
Served with a chorizo bean stew, new potatoes & a basil butter

Norway Stroganoff *(G,E,L,D,Mu,N,Se)* £13
Meat Stroganoff with peppers, shallots, mustard & brandy sauce served with fragrant rice.

Mushroom Stroganoff *(G,E,L,D,Mu,N,Se)* £11
Mushrooms, with peppers, shallots, mustard & brandy sauce served with fragrant rice.

Roasted Gammon Steak *(G,E,L,D)* £14
Served with chips, Colin Carter's (Perranwell) fried egg, pineapple & peas.

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